

A young child wearing a blue cap and a yellow and blue raincoat is splashing in a puddle. The child is looking down at the water. The background is a dark, wet surface with some fallen leaves. A soccer ball is visible in the bottom right corner.

To learn,
I need to
move.

Help me develop physical
literacy and I will be

ACTIVE  FOR LIFE

Play for the pleasure of learning!

For healthy learning and development, it is essential that children have space and time to play and move.

If we provide them with rich environments that are adapted to their play needs, they will grow and develop in the best way possible.

Children need to explore the joy of play on their own. Through active free play, they acquire all of the fundamental movement skills.

Learn more about physical literacy, the right to play, and child development by visiting **ActiveforLife.com** or **rcpem.com**

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JOUER
pour le plaisir
d'apprendre